

Advocacy Services in Cardiff

Option 1

Older People

Age Cymru HOPE project

Support for older people (50+) and carers

029 2043 1555

advocacy@agecymru.org.uk
Age Connects Cardiff and the Vale

Residential Care Advocacy,
 Community Advocacy and
 Hospital Advocacy
029 2068 3683

Mental Health

Advocacy Support Cymru

Supporting for individuals in receipt of Secondary Mental Health Services

02920 540444

info@ascymru.org.uk

Self advocacy

Cardiff People First

Supporting individuals to represent and speak up for themselves.

029 2023 1555

Learning Disability and/or Autism

Advocacy Matters (Wales)

02920 233733

Advocacy Support Cymru

02920 540444

info@ascymru.org.uk
 Support for individuals with a learning disability and/or Autism

Children, Young People Parental Advocacy

NYAS

Independent professional advocacy for any child or young person under 25.

0808 808 1001

help@nyas.net

Independent professional advocacy for parents who have child/children under 18 years in the child protection arena.

0808 808 1001

Other

Spot Purchasing:

Dewis CIL
 Physical Disabilities

In addition to the services above, the MCA, MHA and SSWB Acts set out statutory rights to advocacy. If they apply, you may also choose from the services below.

Option 2

IMHA

Are they sectioned under the mental health act, under guardianship or subject to a community treatment order or in hospital informally receiving treatment for their mental health?

If so, they have a legal right to an **IMHA (Independent Mental Health Advocate)**

ASC Advocacy Support Cymru
029 2054 0444
info@ascymru.org.uk

IMCA

Do they lack capacity and have no appropriate family / friends to consult?

If not, are they facing serious medical treatment, a safeguarding concern or DoLS? Or does their RPR need support in their role?

If so, they have a legal right to an **IMCA (Independent Mental Capacity Advocate)**

ASC Advocacy Support Cymru
029 2054 0444
info@ascymru.org.uk

IPA

Do they have social care needs?

If so, do they want support with care and support planning, assessment, review, or safeguarding?

If so they have a statutory right to an **IPA (Independent Professional Advocate)**

Single point of contact for referrals:

Cardiff and Vale Advocacy Gateway
 Referring to Age Connect Cardiff and Vale and Advocacy Matters (Wales)
0808 8010577

RPR

Are they subject to a DoLS?

If they do not have someone to represent them, they have a statutory right to an **RPR** Relevant Person's Representative.

Training in Mind

01495 768844
advocacy@traininginmind.co.uk

Cardiff and The Vale Liais

Support for people who have a concern about any NHS or Social Care treatment they have received whether in the community or a hospital setting.

02920 750112 cardiffandvaleenquiries@llaascymru.org