

Care Home Volunteer profile

This volunteering opportunity will play a key role in supporting care homes as they facilitate residents' wellbeing.

Are you interested in an engaging and unique volunteering activity? This is a chance to make a real difference for care home residents, care home staff and yourself.

It would suit someone keen to offer the following qualities and skills:

- Good, positive communication skills
- Understanding of confidentiality
- Understanding of and empathy with the needs of older people
- Reliability, patience, and sensitivity
- Interested in engaging with projects and activities
- Outgoing and confident

What can you gain from this role?

Meet and make friendships with new people in a supportive environment

- The appropriate training and induction
- Support from the care home
- Great experience for your CV, and work references if required
- Understanding of dementia, how it affects those diagnosed and their families
- A chance to make a real difference for care home residents with enrichment activities
- Develop your confidence and communication skills
- Work experience evidence if required
- Appreciation of mobility restrictions and how best to be able to support older people

You will receive

- Induction and Safeguarding Training
- Support from staff at the care home
- Understanding dementia training and how it affects those diagnosed and their families
- Insight training to mobility issues

Time commitment:

Volunteering is flexible and can accommodate your availability, it would be ideal to form a pattern of regular visits to the Care Home, for your own convenience and that of the Care Home

**Covid regulations**

Please check with the Care Home for their most recent updates on Covid Safety regulations

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